

# Carvery Menu

## Sample Menu

### Starters

**Creamy Vegetable Soup** GF (V\*)   €7.25  
With freshly baked brown bread\* or gluten free bread

\*Make mine vegan

**Galway Bay Seafood Chowder** GF       
Small €8.95 / Large €10.95

Creamy selection of local mussels, seafood & vegetables topped with samphire, served with traditional Irish brown bread\* or gluten free bread

### Mains

**Roast Turkey & Baked Ham** \*GF €16.25  
**Mini Roast** €11.25

With herb stuffing, cranberry sauce & red wine gravy

(\*) gluten free stuffing available on request

**Southern Fried Chicken** €15.50  
Chicken breast in our lightly spiced house blend of seasonings, and breaded in an oat crumb, served with creamy smoked paprika sauce

**Baked Fillet of Hake** GF €15.50  
Served with creamy dill sauce

**Vegetarian Lasagne** (V) €15.00  
Pasta sheets layered with a tomato & vegetable ragu, topped with beschamel sauce & cheddar

*All mains are served with creamed & roast potatoes, roast root vegetables & braised red cabbage*

**Sides** €4.95

**Mashed Potatoes** (GF) (V)  **Vegetables** (GF) (V)   
**Skinny Fries** (GF) (V) **Side Salad** (GF) (V)  

Selection of dips available - €1.75 each

Please ask one of our team for our allergen list, as our Mains and Desserts change daily

## Sandwiches & Salads

**Cherry Mozzarella & Tomato Salad** \*GF

Small €11.25 / Large €15.25   

With roasted pine nuts, sunflower seeds, toasted pecan nuts, radish, grilled peach, overnight roasted cherry tomato, tossed in a basil dressing & served with homemade brown bread \*

**Cajun Chicken & Chorizo Caesar Salad** \*GF

Starter €11.25 / Main €15.25    

Warm chicken breast with chorizo, cos lettuce, crispy bacon, our house Caesar dressing & parmesan shavings, served with homemade brown bread\*

**Cajun Chicken Ciabatta** \*GF    €10.50

Green bell pepper, jalapeño, mozzarella & sweetcorn on a ciabatta, with smoked mayo & salad garnish

**Roast of the Day Baguette** \*GF    €10.50

Roast of the day in a sourdough baguette, served with salad garnish & tomato relish

**Pulled Pork Blaa** \*GF     €10.50

BBQ pulled pork, red slaw, smoked cheddar, tomato, & cos lettuce on a Blaa bap, served with salad garnish

**BLT Bloomer** \*GF    €10.50

Bloomer bread with crispy bacon, tomato, cos lettuce & mayo filling, served with salad garnish

**\*\*Add a small soup to your sandwich for €3.00**

### Desserts

**Warm Apple & Cinnamon Pie** €8.25

Served with fresh cream, custard & French vanilla ice-cream

**Chocolate & Almond Fudge Cake** (GF) €7.75

Topped with a chocolate rum glaze, & served with French vanilla ice-cream

**Bread & Banana Pudding** €7.75

Served with French Vanilla ice-cream