

Bia Beo Breakfast Menu

Served 7am - 10am Monday - Friday
and 8am - 10.30am Saturday, Sunday and Bank Holidays

€12.00 per person

Juices

Orange Juice
Cranberry Juice
Apple Juice

Hot Beverages

Freshly Brewed...

Tea or Coffee
Decaffeinated Tea or Coffee
Herbal and Fruit Teas
Hot Chocolate



Fruit Selection

Fresh Fruit Salad
Berry Compote
Prunes
Grapefruit

Cereals

Cornflakes
Rice Krispies
Coco Pops
Weetabix
Muesli

Toast, Teas and
Coffees will be
served directly to
your table



Dairy Selections

Natural Yogurt
Cheese Selection

Bakery Corner and Homemade Goodness



Treacle Brown Bread
Banana Bread
Fresh Rolls
Pastry Selection
Fruit Scones
Orange Marmalade
Strawberry Jam
Raspberry Jam
Nutella



Cold Meats Available

Chorizo
Pepperoni
Baked Ham



Fresh from the Buffet

...please help yourself to...

Bacon
Sausages (*)
Fried and Scrambled Eggs
Black and White Pudding
Baked Beans
Sauté Mushrooms
Grilled Tomato



From the Kitchen

Smoked Salmon
served with Scrambled Eggs
Traditional Irish Porridge
Fresh Plain or Cinnamon Pancakes
with Maple Syrup
Three Egg Omelette
Choice of fillings: Mushrooms, Peppers,
Ham, Cheese, Onion, Tomato
Poached or Boiled Eggs



Special Dietary Needs

Please let us know if you have any special dietary requirements and we will make every effort to look after you.