



BAR & BISTRO

P. FRANCIS & SON



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Vegetarian & Vegan Menu

Starters

Strawberry and Pecan Nut Salad (GF) (Vegan) €7.00

with citrus oil dressing

Sorbet (GF) (Vegan) €6.50

Please ask your server for today's flavour

Goats Cheese and Sun-dried Tomato Tartelette (V) €7.00

served with dressed rocket and pesto

Duo of Honeydew and Cantaloupe Melon with Pineapple (GF) (V / vegan*) €6.00

served with natural yoghurt* and homemade summer berry compote

Homemade Cream of Soup of the Day (GF) (V) €6.00

with a selection of breads

Chickpea & Vegetable Curry (GF) (Vegan) €15.50

Traditional medium spiced vegetable curry served with boiled rice

Lentil Burger (*) (Vegan) €15.50

Mixed lentil pattie on stir fried vegetables with tomato relish

Spinach and Ricotta Tortellini (V) €14.50

in pesto and sundried tomato cream sauce with garlic bread

Linguini Carbonara €15.50 (*) (V)

Traditional linguini pasta tossed in a white wine, garlic & mushroom cream sauce and topped with a cooked egg yolk & parmesan cheese and served with garlic bread

Beetroot & Chickpea Burger €15.50 (*) (*Vegan)

With cos lettuce, red onion, green pepper & scallion salsa in a toasted brioche bun*, served with sweet potato fries* & salad garnish

please advise if you are a vegan and dairy free potatoes and vegetables will be provided

Main Course

Desserts

Vegan Apple Pie (Vegan) €6.50

with vegan vanilla ice-cream

Fresh Fruit Salad (GF) (Vegan) €6.00

with vegan vanilla ice-cream

Chocolate & Coconut Tart (GF) (Vegan) €7.00

with raspberry sorbet & raspberry coulis

Dairy Free Ice-Cream Trio (GF) (Vegan) €6.50

with blueberry, vanilla ice-cream & raspberry

sorbet with dark chocolate shavings

